

Why Menopause Support Matters for Every Workplace

Millions of women in the U.S. experience menopause during their working years, yet most say their workplaces fall short in providing the support they need. The result? Reduced well-being, lost productivity and missed opportunities for retention and advancement.



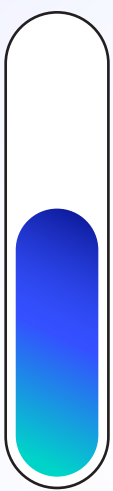
9 in 10

women say support during menopause would improve their well-being, engagement and performance.



85%

of women say menopause creates challenges at work.



56%

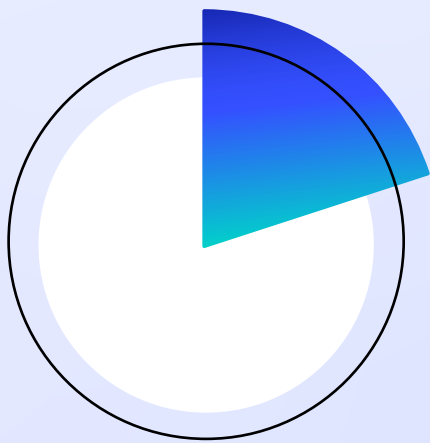
of women say their employer offers at least one menopause resource.



7 in 10

believe employers should provide menopause support.

Even when support is available, stigma stands in the way.



Fewer than

1 in 5

women feel comfortable speaking up about their menopause needs.

Learn how WebMD Health Services can help you build a well-being program that meets employees' needs at every stage of their health journey.

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